



A Day of Learning, Practicing and Celebrating the Vietnamese Newyear

Saturday February 10, 2018 at 5015 Mendell Street, Fairfax, VA 22030



- 09:30 AM Sitting meditation
- 10:00 New year blessing ceremony and chanting
- 11:00 Teaching talk
- Mindful Tai Chi movements
- 12:30 PM Vegetarian lunch
- 02:00 Vietnamese New Year celebration
 - Sharing circle
 - Giving lucky money tradition
 - Receiving new year good luck fruits
- 04:00 End

Event is free and open to the public. Registration is required
http://www.sinhthuc.org/e_index.htm ~ (703) 787-3377 ~ registration@sinhthuc.org